

The Fort Huachuca Scout®



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Photo by Spc. Marcus Butler

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War on Terror 10 years old?

BY GARY SHEFTICK
ARMY NEWS SERVICE

Ten years ago, my old friend survived the bombing of the Oklahoma City federal building.

Clark Peterson was the only surviving member of his office. A total of 168 people died in the attack on the Murrah Federal Building, including seven members of the U.S. Army Oklahoma City Recruiting Battalion.

Clark was a member of the advertising and public affairs office of the local recruiting battalion. He was talking with the office chief, John Moss, minutes before the explosion.

His supervisor's desk was at the front of the building, near windows facing the street, and Clark was sitting there discussing a project. Just moments before the explosion, Clark said he stood up and walked to his own desk at the rear of the office.

That move saved his life, he said.

As he sat down, Clark turned on his computer. At first, he thought that he was being shocked by an electrical short, he said. But it was the shock wave from a bomb instead that sent him reeling through the air.

Timothy McVeigh had just detonated a homemade bomb next to the building in a truck filled with thou-

sands of pounds of ammonium nitrate and diesel fuel.

Clark woke up on a pile of rubble a couple of floors below where his office had been. He was injured, but said at the time that the psychological trauma was worse than the physical. Whenever he closed his eyes to sleep, he said that he saw terror.

John Moss died in the explosion, along with the battalion's newspaper editor, Peggy Holland, and the office secretary.

In 1998, upon recommendation of the recruiting command, the Army's Civilian Journalist of the Year Award was named in honor of John Moss and Peggy Holland.

The acting secretary of the Army at that time approved the award, and every year the best Army civilian journalist receives the Moss-Holland Award.

Recently, several survivors of the Oklahoma City terrorist attack joined about 1,600 others — including former President Bill Clinton and Vice President Dick Cheney — at a memorial built on the site of the federal building. All bowed their heads for 168 seconds of silence beginning at 9:02 a.m., the time of the explosion on April 19, 1995.

For many of those who survived the tragedy, and even for many involved in the recovery operations, the memories of that day are still too painful to discuss. It

was the worst terrorist attack in America at the time.

Some even trace the beginning of the nation's War on Terror to the attack in Oklahoma City. But it could also be said that the enemy there was from within.

McVeigh was a former Soldier who reportedly was retaliating for an incident exactly two years earlier on April 19 in Waco, Texas, when a number of Branch Davidians went up in flames during a siege by government agents.

Others claim the first terrorist bombing of the World Trade Center in 1993 was the beginning of America's War on Terror.

Army Chief of Staff Gen. Peter Schoomaker has said that the War on Terror actually began with the Iran hostage crisis in November 1979. He participated in a mission that attempted rescue of the hostages.

Perhaps the chief of staff's vision makes the most sense when it comes to the roots of the War on Terror. In the hostage crisis, we were pitted against foreign terrorists, from nearly the same part of the world where we face them today.

In any case, it's clear that the beginnings of the War on Terror date back much further than Sept. 11, 2001.

It just took that tragic attack to unite us all to fight back in force.

Scout On The Street



SAVANNAH LINWOOD



ANTHONY SIMMONS



KAYLEE GUTHRIE



OLIVIA LINWOOD

What do you do to conserve water?

I remind my daddy to turn off the water.

Not to play in the water and letting it run.

Use a little water and then turn it off.

I let my daddy know when the water hose is leaking.

The Fort Huachuca Scout

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NETCOM/9th ASC inspector general retires

NETCOMPRESS RELEASE

In a small, personal ceremony April 21, Col. Steve Shively, inspector general for the U.S. Army Network Enterprise Technology Command/9th Army Signal Command, retired after 32 years of military service.

Shively started his military life as an enlisted Soldier, but moved into the officer ranks after his initial term and joined the ROTC while he went to college. Since his commissioning, Shively has held numerous positions in Signal Corps, public affairs, and culminating as NETCOM/9th ASC's inspector general.

Shively was joined by his wife, Col. Mary Beth Shively, NETCOM/9th ASC chief of staff, family and relatives from all over the states during the ceremony, along with many friends and coworkers. While most ceremonies of this sort are often somber and emotion-filled, this one had more than a few moments of jest.

"We honor today a distinguished Soldier who has served his nation for over 32 years," said Maj. Gen. James C. Hylton, NETCOM/9th ASC commanding general. "During periods of both war and peace, Col. Shively has made a difference in every unit of assignment.

"Col. Shively could have been anything he wanted to be in life, I just thank God he chose to be a Soldier. His legacy are the thousands of Soldiers, civilians and industry team members he has mentored and influenced over his career that



Photo by Gordon Van Vleet

Col. Steve Shively pauses briefly during his remarks at his retirement ceremony April 21.

serve today on the front lines of freedom in support of the Global War on Terrorism."

Hylton awarded Shively the Legion of Merit for his service, and the new retiree received his retirement certificate and flag. During Shively's remarks, he commented on his years of service and the lessons he learned.

"If I've learned nothing else in the last 32-plus years, I've learned that military service is truly a

team sport," Shively said, commenting on the Soldiers, civilians and contractors working in the Army today. "It takes the right mix, the right blend to make it work; and if you look at our Army today, I think you'll see we got it about right.

"There are literally hundreds of those memories from my journey that made it special for me, and I owe literally hundreds of people my thanks and gratitude for all they have done for me personally and professionally."

The Shivelys plan on staying in the area for the time being.



Photo by Eric Horton

Colonels Steve (left) and Mary Beth Shively (center), and Maj. Gen. James C. Hylton greet the Shively's family members prior to the April 21 retirement ceremony.

Keep spring cleanup safe for everybody

SCOUTREPORTS

Break out the brooms, tote the trash bags and recall the rakes. Once again, it's time for spring cleanup. From Monday through May 6, all units and partners on Fort Huachuca will be concentrating on area beautification around post.

The post is encouraging everyone to participate and for motorists to keep an eye out for spring cleanup personnel on the streets and roads throughout the post during next week. Cleanup efforts may also disrupt traffic patterns, so

motorists are advised to give themselves extra time to reach their destinations.

The spring cleanup is based on the Installation Post Police Call manual of instruction. Units may pick from a list of community service projects, such as tidying up the fishing ponds and the housing area parks, or beautifying the picnic areas in Garden Canyon and Reservoir Hill, and cleaning around the Myer Elementary School basketball court and track. Units can also come up with their own project, which must be approved by the garrison commander.

Units responsible for housing areas will ensure vehicles are available to collect and dispose of refuse and oversized items in their respective housing areas.

Post officials are urging personnel to keep safety in mind during the week long event. For example, personnel should be concerned with hazards such as snakes, local wild life and insects, and to use extreme caution if discovering any unexploded ordnance.

The cleanup leads into the post-wide yard sale on May 14.

Utility mock billing comes to Fort Huachuca

ARMYNEWSERVICE

The long awaited "utility mock billing" plan begins in earnest Sunday at selected privatized housing sites.

The Army and its partners have been very deliberate in their strategy to implement and ultimately make Soldiers responsible for their utility usage, according to Army officials.

Soldiers in privatized housing will receive mock bills, showing their utilities use/consumption, but will not have to pay any out-of-pocket expense. The mock bills will begin arriving in June, said Don Spigelmyer, director of the Residential Communities Initiative which has priva-

tized housing at 23 installations.

He said the mock utility billing program will gauge energy consumption at the installations for a year.

The five installations to participate in the mock utility billing program are:

Fort Carson, Colo.
Fort Hood, Texas
Fort Meade, Md.
Fort Lewis, Wash.
Fort Campbell, Ky.

Three additional installations are scheduled to begin participating in the mock utility billing program later this year: Fort Bragg, N.C., Fort Stewart,

Ga. and Fort Belvoir, Va.

Meter readings at some locations actually began last fall, but the mock utility billing was postponed until spring, said Ivan Bolden, RCI program manager for policy. He said the meters are being read simply to determine an average monthly consumption rate for electricity, gas and heating oil.

Eventually, military families living in privatized housing on post will become responsible for their utilities, Spigelmyer said. Actual utility billing will probably take place in mid 2006 after average consumption rates are computed and a year of "mock" bills have recorded usage, he said.

When actual billing begins, those fami-

lies that use less than the average rate will earn a rebate or credit, Bolden said, and those who use more will pay the difference.

"If you conserve, you can save money," Bolden said.

Along with the mock bills this year, families will also receive monthly energy tips and training on how to be more energy efficient, Bolden said.

The mock billing period will accomplish several things. First, it will help residents track their usage and consumption patterns; second, residents will receive monthly tips on how to conserve; and fi-

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The Gould's turkey, a rare bird, is counted

BY SGT. SUSAN REDWINE
SCOUT STAFF

The Gould's turkey is one of many rare species in southeast Arizona. One part of Fort Huachuca's many conservation programs is the care and stewardship of this species.

The annual survey of the Gould's turkey took place in the second week of April, the month when the birds are most vocal and detectable, Sheridan Stone, wildlife biologist on post, said.

This year's survey involved the assistance of 13 volunteers, including two youngsters who were accompanied by an adult, Stone said. The area surveyed was most of the Huachuca Mountains and east of the Canelo hills along approximately 30 established survey routes.

The purpose of the survey is to detect and classify according to sex and age as many turkeys in the

Huachuca Mountains as possible in a short time period, in order to get the greatest minimum count of the population, he said.

This was the first year that Rick Kuhlman, who works at the Electronic Proving Ground on post, was able to volunteer to help with the survey. An avid hunter, Kuhlman recognizes the need for wildlife observation and conservation in order to ensure the fitness of the population for hunting.

"The primary focus of being a hunter is conservation of wildlife," Kuhlman said. "We're not just killers. We provide water points and do census to make sure the population can support a hunting season."

Kuhlman has hunted other varieties of turkey in the past and knows the habits of the Gould's turkey. He took two routes this year as part of his effort. He begins his survey early in the day, when the birds come down from roosting for the night and begin their day with a roll in the dust.

He also knows the calls of the turkey and what their footprints and spoor look like.

When he sees a bird, he fills out a spot report for biologists to study to get an idea of how many and what kinds of birds are in the area.

Even though Kuhlman is an experienced outdoorsman, Stone said experience is not necessary to take part in the survey.

"Inexperienced people are teamed with an experienced surveyor who have hunted or studied turkey before," Stone said. "The pool of experienced turkey hunters is sufficiently large to recruit volunteers. These volunteers often take along inexperienced friends and family members for fun and on-the-job training. This helps to recruit future volunteers and perpetuates the pool of interested cooperators for population surveys and for other projects, such as habitat improvement."

"It gives me the opportunity to be in the woods for a reason," Kuhlman said.

Recognizing and reporting child abuse and child neglect

BY SPC. JOY PARIANTE
SCOUT STAFF

About 32,000 families are reported for suspected child abuse and neglect every year in Arizona. This averages out to 88 families a day. Of those cases, 7,460 children are confirmed abused, Shellie Henderson, family advocacy program education specialist, said.

Child abuse is an issue in Arizona and everywhere else in the country. The issue isn't only that the abuse is occurring, but that many of these cases go ignored and unreported. "Child abuse is very much under reported," Henderson said.

Child abuse runs the gamut from burning and beating to severe spanking. According to Arizona state law, any discipline that leaves a mark, bruise or injury constitutes abuse, said William Niemyer, outreach coordinator, Family Advocacy Program, Raymond W. Bliss Army Health Center. Physical discipline is legal in Arizona, but parents need to know where to draw the line.

Neglect is also included under the heading of abuse. Neglect can be anything from leaving a child home alone to not feeding them.

"Child abuse is any act, or failure to act by a caretaker that endangers or impairs a child's wellbeing," Henderson said. There are many simple things in day to day life that constitute neglect, said Dr. Rebecca Reyes, chief of the pediatrics clinic at the health center.

"Leaving a child unsupervised is neglect, leaving a child in the car, not putting a child in a car seat, not keeping appointments and not getting children their immunizations ... anything that could potentially harm the child is abuse or

neglect," Reyes said.

Post personnel including teachers, medical care providers and child care personnel are required, by law, to report any situation that they believe may be abusive. Arizona revised statute Section 13-3620A requires any person having responsibility for the care or treatment of children, including parents, to report suspicions of child abuse. It is now a felony in Arizona to not report suspected abuse, Niemyer said.

Medical personnel take note of certain things during routine examinations that may signal abuse or neglect, Reyes said.

"We're looking for a child who's generally healthy, well kept, well nourished and normally developed," Reyes said. Health care professionals check to make sure there aren't any skin disorders from being unkempt developing, ensure all the developmental milestones are being met and check their emotional state, Reyes said. Outbursts from the child concerning a certain body part or action are a reason for concern. Also, Reyes said, the providers ensure that children with chronic illnesses are receiving their medications.

And then there are the obvious signs of abuse. "If they come in with bruises that don't make sense ... that are out of context with their age and activities ... if fractures and sprains don't match the story given about how they happened" there are suspicions, Reyes said.

When neglect or abuse is suspected, personnel should contact the military police, who are the reporting point of contact on post. Off post you can contact Arizona Child Protective Services by

See **ABUSE**, Page 14



Photo by Sgt. Susan Redwine

Passover celebrated

Lou Broitman, Jewish congregational leader on Fort Huachuca for more than 35 years, led approximately 50 civilians and Soldiers in a traditional Passover Seder at the Main Post Chapel Saturday. The observance is a celebration of the Jewish nation's deliverance from slavery in Egypt, during the time of Moses.

Lawn mower safety tips for spring

BY GEORGE J. FLORA

FORT HUACHUCA SAFETY OFFICE

Each year children and adults are injured severely due to a lack of understanding of how to properly operate lawn mowers. Power lawn mowers are especially dangerous. Lawn mower injuries can be curtailed substantially if not completely removed by following some simple safety precautions.

Children should be taught proper safety precautions in mower operation. The child should possess traits such as maturity, good judgment, strength to control the mower, good coordination and motor skills to perform the task. In general, pediatric physicians recommend that a child should be at least 12 years of age to operate a manually powered mower and 16 to operate a power and riding mower safely.

It is important to teach children how to safely operate a lawn mower before you have them do their chores. Before you allow a child to mow the lawn alone, spend time with them and train them in the proper techniques. As a Soldier, Uncle Sam does not send you on a mission until after you are trained. The same should hold true for your child; train him or her before they go off to war. On the job training is not just for the military. Give your child patient

on-the-job training for the entire task you expect of them. Make sure they are capable of managing the task alone before you send them out. If not, you may become another statistic on the MP blotter.

Here are some helpful tips to consider before mowing the lawn:

1. Inspect the lawn for debris, such as twigs, stones, toys or other small objects that can be thrown by the mower blades.
2. Make sure small children are indoors or at a safe distance from the area you plan to mow.
3. Read the lawn mower's operators manual and instructions before operating.
4. Do not mow during bad or inclement weather, such as thunderstorms.
5. Do not mow without enough daylight.
6. Never allow a child to ride as a passenger on a riding mower or garden tractor.
7. Stop the engine and allow it to cool before refueling.

While mowing

1. Wear sturdy closed-toe shoes with slip proof soles.
2. Wear close fitting clothes; nothing that can be caught by moving parts.
3. Wear safety goggles or glasses with side shields.
4. Please wear hearing protection.



Photo by Spc. Creighton Holub

Lawn mower safety is crucial during the growing season.

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Post air conditioners turning on

SCOUT REPORTS

The Directorate of Public Works has scheduled the changeover from heating equipment to cooling equipmen, according to the directorate's upcoming schedule.

Post facilities and family housing units are scheduled to have the changeover completed by May 31.

Any facility that has not been completed by the above dates should call the operations and maintenance contract work control section at 533-5457 or 533-5459 for assistance. Additionally, callbacks for coolers that have been turned on should be referred to work control until June 15. After these dates, service orders should be placed with the Directorate of Public Works service order desk at 533-3151 or 533-2003 for post facilities or 533-2030 for housing.

In most facilities, this changeover requires the heater to be disconnected before the cooling unit can be activated.

Occupants waiting to have their changeover performed are urged to open windows and wear lighter clothing on warm days. To assure a smooth and quick changeover, the operations and maintenance contractor has established the following schedule for family housing.

The dates are subject to change if significant

weather changes occur or problems are encountered at the housing units.

Seasonal recurring maintenance schedule for housing cooler turn on:

From May 2-6 addresses on Hardley Street, addresses 160-224 on Hughes Street, White Street, Rafferty Street, Royal Street, addresses 162-203 on Jeffords Street between Rucker and Cushing streets, odd numbered addresses on Rucker Street, the lower area of Meyer Avenue and addresses 150-216 on Stedman Street that are east of Rucker Street are scheduled to have their cooling systems turned on..

From May 9-13 addresses on Mottern Circle, Coronado Village on Moore Circle, Nelson Circle, Deanza Village on Burns Road, Dorsey Street, Carlson Street, addresses 110-114 on Meyer Street between Rucker and Arizona streets, Nickles Street, evenly numbered addresses on Rucker Street, addresses 120-158 on Hughes Street west of Rucker Street, addresses 116-149 on Stedman Street west of Rucker Street and addresses 120-161 on Jeffords Street west of Rucker Street are scheduled to have their cooling systems turned on.

From May 16-20 addresses on Arizona Street, addresses 100-123 on Grierson Avenue, Hines Street, Luke Street and Madden Street are scheduled to have their cooling systems turned on.



Photo by Spc. Creighton Holub

Air conditioners will soon be turned on.

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New technology helps clear away unexploded ordnance

BY MARY BODINE

ARMY NEWS SERVICE

New technology now being used at Fort A.P. Hill, Va., promises to revolutionize unexploded ordnance removal and even generate revenue from recycling the material.

The Lightweight Ordnance and Armaments Demilitarization System, or LOADS, is a mobile machine designed to crush or cut inert ordnance and make it acceptable for salvage or recycling, said John J. Stine, director of Demilitarization Services Division, UXB International, Inc. – the company that designed LOADS.

LOADS is being used on Fort A.P. Hill to remove about two tons of inert ordnance – some dating from the 1940s – for a range upgrade project, said Gregory Quimby, project manager, AMEC Earth and Environmental, Inc., the company responsible for the range design, construction, and its environmental remediation. The range is being converted from an anti-armor range to a multipurpose machine gun

range. UXO clearance on the range was necessary for new construction, he added.

“We took the construction footprint for the range modifications and conducted a surface clearance,” Quimby said. “If the UXO was live, we flagged it for detonation, which will be done with explosives; if it was non-hazardous UXO, we collected it and consolidated it in a central location for LOADS processing.”

AMEC also used electromagnetic scanning and geophysical surveys to clear 10 acres of UXOs buried less than two feet in the ground, Quimby added. About 30 acres of surface land was cleared for the project.

Once the ordnance is processed through LOADS, it will be collected, smelt and recycled, Stine said. Revenue generated from recycling is credited to client’s account, resulting in a cost-savings for the military, he added.

Traditional methods of UXO removal were burying or burning munitions on the range, Stine said.

“We knew there had to be a better way of removing

UXOs from training areas,” he added. “From blank paper to operation, it only took 18 months to build LOADS. We began testing it in late 2002 and started using it immediately after that. There have been four modifications on the system, expanding the types and sizes of munitions it can handle.”

On the Fort A.P. Hill project, LOADS will cut or crush 40-mm grenades, 60-mm mortars, 81-mm mortars, 3.5-inch rockets and other munitions remnants, Quimby said.

“This technology will enhance the way ranges are cleared in the future,” he said. “Because it is mobile, we will be able to clear more ranges, safer. Although the machine is not designed to process live ordnance – everything has to be inert – by passing it through the machine, you can be sure that it is rendered safe. If there is a live round, the machine can certainly absorb the impact better than the human body.”

The LOADS system has revolutionized UXO clearance and eventually will replace the “bury or burn” method altogether, Stine said.

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Runners step off in honor of medics

**BY SPC.
CREIGHTON HOLUB**
SCOUT STAFF

More than 100 participants got up early Saturday to participate in the 8th annual Combat Medic Memorial Run.

The race started at the Raymond W. Bliss Army Health Center and ended at Runion Dental Clinic after the runners looped out beyond the old post area.

The post's location puts the race into the "challenging high desert course" category

according to the Track Athletics Congress.

"The first three miles is all uphill," Barbara Chavez, one of the race administrators, said.

The challenge for the runners was in more than just battling the high desert environ-

ment; it was developing a team for one of the Military Intelligence – Officer Basic Course classes. First Lt. Jacqui McDowell, Class 05-011 social coordinator, wanted a team effort for the 10K run.

"I wanted to do the 10K, but I didn't want to do it by myself," McDowell said.

The eight people in the group joined for various reasons.

"On paper, it was an awesome plan," 2nd Lt. Paul Vitale said after running the event because he lost a bet.

For 2nd Lt.'s Colin Faulkner and Rashan Clark, the event was about who was faster.

"I beat Clark," Faulkner said proudly as Clark finished, "by about a quarter mile."

While Clark and Faulkner battled it out Saturday, it was 2nd Lt. Kristina Ryden, who placed in the event. With a time of 54 minutes and 51 seconds she took second place in her age group, 20 to 29 years old, and sixth overall for female runners.

"It sounded like fun,"



Ryden said about running the 10K.

The overall 10K winner was Paul Valentin with a time of 38:17 and the overall female was Patricia Klepinger with a 46:51 finish. The oldest runner was Delwin Kruske at 72 years old. He finished with a time of 1:17.12 and the youngest was 10-year-old Jasmine Gonzales with a time of 1:34.31.

The 5K overall winner was Paul Sadoff with a 21-minute finish. The second 5K finisher was Hugh McCauley with a 24:07 finish followed by his wife Sara McCauley's 26:31 finish.

The 2K first place winners were a father and daughter team of Navy Seaman Frank Caparulo and Kayleigh, 13.



Laura Briere and Cecilia King pour over the results from the 8th annual Combat Medic Memorial Run Saturday morning at Runion Dental Clinic.



Photos by Spc. Creighton Holub

Runners begin the 10K event during Saturday's 8th annual Combat Medic Memorial Run.

Army leaders learn strategy, improvement, quality at conference

BY BOB BRITTON

PRESIDIO OF MONTEREY PUBLIC AFFAIRS OFFICE

Leading change and assessing performance captured the attention of participants in the first Army Performance Improvement Criteria, Army Communities of Excellence and Strategic Planning Conference held recently at the Presidio of Monterey, Calif.

Planners from the Installation Management Agency headquarters and the agency's Southwest Region attended the conference Feb. 27 through March 5.

Management standardization

"The Southwest Region is the first of seven IMA regions to hold one of these conferences," Bill Thresher, plans chief for the Southwest Region, said. "We're bringing our constituent garrisons together to familiarize them with the Army Performance Improvement Criteria, one way to apply common standards and management to installations."

Other regions will host similar conferences later this year.

Large and small installations should manage assets using the same basic guidelines for garrison base operation. These management revisions will improve the garrisons and the Army and will have a positive impact on the Soldiers on the ground, Thresher said.

"We're working toward standardizing garrison organizations, funding and developing a common level of support based on Army baseline standards that we haven't had before," Thresher said.

Although installations of different sizes have different missions, all have similar support for base operations. Some installations support education and training, while others are identified as power projection platforms, preparing Soldiers as war fighters. Examples of base operations support include Morale, Welfare and Recreation programs and services such as child care centers, building and grounds maintenance, commissaries, and post exchanges and logistics.

"IMA has just entered its second year of managing its own budget, and really its third year of fledgling operations," Thresher said. "This [standardization] is a process and we are on a journey. We've already seen significant improvements in the standardization and equitability of distributing resources and services."

Strategic planning's role

Thresher pointed out that installations have limited resources, especially in a Global War on Terrorism environment, making garrison commanders' wise and efficient use of personnel and resources even more important than during peacetime.

"Now, more than any time in the past 30 years, it's important that we allocate our limited resources in the appropriate directions right from the beginning and that we align ourselves to move in the same direction," Thresher said. "We need a common approach and a common strategy if we are going to have standard garrisons with standards of performances, paired with an equitable distribution of resources in a common management system."

One conference attendee, Col. Don Gentry, garrison commander at White Sands Missile Range, N.M., has experience with strategic planning as a field artillery officer. However, at the conference, Gentry learned how to apply strategic planning to help his garrison become more efficient.

White Sands Missile Range is home to National Guard and active-duty Soldiers, Air Force and Navy elements, and a large civilian workforce. This poses a challenge for this new garrison commander used to interfacing primarily with Soldiers.

"It's completely different from anything I've ever done in the past," Gentry said.

APIC and strategic planning

The performance and improvement criteria analyzes organizational strengths and identifies areas for improvement. Since it is a continuous improvement tool, commanders implement improvement actions, then return to

the assessment process for re-evaluation.

"Everything we do in APIC is subject to review and refinement," Faulk said.

Army Communities of Excellence Award

The communities of excellence recognizes installation achievement among installations of all sizes. As a strategic planning tool, the improvement criteria program helps planning coordination with the communities of excellence program. The same set of standards applies to every IMA region when recommending and awarding the communities of excellence and monetary awards for winning installations.

The communities of excellence winners in first through third places receive a monetary award – often millions of dollars – for the winning garrisons to use to support improvement initiatives that may not be otherwise funded. Garrison commanders can apply the award funds to any initiative that supports the well being of the Army community at the installation.

Funding

Like other military services, the Army and its installations are funded through congressional appropriations approved by the president. Funding becomes more complex as the Army makes internal allocations.

"We just learned that earlier this week, the Army leadership decided that our installations deserved to be funded to the level that our Soldiers and their families expect," Gentry said. "This includes funding for both base operations and sustainment for installation infrastructure. That's really a victory for the Installation Management Agency, because for the first time, somebody at a higher level realizes that our installations are not funded where they needed to be."

For more information on APIC or ACOE, contact Rosye Faulk at rosye.faulk@hqda.army.mil. For more information on IMA's Strategic Planning model, contact Annette Mann at annette.mann@us.army.mil or Philip Jessup at philip.jessup@hqda.army.mil.

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Range Closures

Today – AA, AB, AC, AD, AE, AF, AG, AK, AL, AM, AW, T1, T1A, T2, T3

Friday – AA, AB, AC, AD, AE, AF, AG, AH, AK, AL, AM, AR, AW, AX, T1, T1A, T2, T3

Saturday – AH, AK, AL, AR, T1, T1A, T2

Sunday – AH, AK, AL, AR, Monday – AC, AD, AH, AK, AL, AR, T1A, T2, T3

Tuesday – AC, AD, AL, T1, T1A, T2, T3

Wednesday – AC, AD, AL, AR, AU, AX, T1, T1A, T2, T3

For more information on Range Closures contact Range Control 533-7095. Closures are subject to change.

Family Readiness Group

From 1:30 p.m. to 3 p.m., today, the Family Readiness Group is scheduled to teach the fundamentals of the FRG at Army Community Service building 50010.

For more information, call Pamela Allen at 533-5919.

Warrant Officer development

Regimental Chief Warrant Officer of the Signal Regiment, Chief Warrant Officer Andy Barr will present a warrant officer professional development brief to all warrant officers (MOS immaterial) and selected candidates, 2:30 p.m. – 3:30 p.m. on Wednesday at Fitch Auditorium.

This workshop will provide an exchange of military professional development and operational issues between signal officers, warrant officers and noncom-

missioned officers. Topics include signal warrant officer MOS 250N & 254A status, warrant officer and senior enlisted manning.

Request all commands support this initiative. For more information, call 538-7519.

Newcomers welcome

Army Community Service wants to welcome newcomers to the Fort Huachuca community.

The Fort Huachuca Welcome - a newcomer's orientation - is scheduled for 9 a.m., Friday at Murr Community Center.

The orientation will provide information about the installation and the community. A tour of the post is provided.

Pre-register by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Commissary hours

The new store hours for the Fort Huachuca Commissary effective Sunday are; 10 a.m. to 5 p.m. on Sundays, closed on Mondays, 9 a.m. to 7 p.m. on Tuesdays, 9 a.m. to 7 p.m. on Wednesdays, 9 a.m. to 7 p.m. on Thursdays, 9 a.m. to 7 p.m. on Fridays and 9 a.m. to 6 p.m. on Saturdays.

For more information, call Bob Oates at 533-5540.

Warrant Officer recruiting

If you are looking for information or a challenging career in communications, network management, information sys-

tems management or information assurance then at 1 p.m., May 5 at Fitch auditorium, Chief Warrant Officer Andy Barr, Regimental chief warrant officer of the signal regiment will provide a presentation and information exchange.

Request all commands support this initiative. For more information, call 538-7519.

Volunteer ceremony

The Annual Volunteer of the Year Ceremony will be held at 11 a.m. – 1 p.m., May 10 at the Thunder Mountain Activity Centre. The cost for this event will be \$9.75 per person for the lunch buffet.

For more information, call Kimberlee Bridges at 533-6885.

Registration announcement

Wayland Baptist University will begin summer term registration on May 11 at the Army Education Center and at its downtown campus at 1840 Paseo San Luis. Registration lasts 2.5 weeks, with classes beginning the week of May 30.

Wayland Baptist University provides daytime, evening and online classes. Wayland offers bachelor's and master's degrees, as well as, Arizona teacher certification.

Majors include business, christian ministry, education, management, communication technology, intelligence operations, criminal justice, and many others.

For more information, call 459-6111.

Germany orientation

Army Community Service is offering

an orientation 6 p.m., May 16 at Murr Community Center for Soldiers and family members going to Germany for the first time. Registration is requested by calling ACS at 533-2330.

For more information, call Pamela Allen at 533-5919.

Sponsorship training

Army Community Services is offering unit sponsorship training classes at 9:30 a.m. on May 17 and again at 1:30 p.m. on May 25 at the ACS Building 50010. Registration is requested by calling ACS at 533-2330.

For more information, call Pamela Allen at 533-5919.

Korea Orientation

Army Community Service is offering an orientation 6 p.m., May 18 and May 23 at ACS Building 50010 for Soldiers and family members going to Korea for the first time.

Registration is requested by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Female vocalists wanted

The 36th Army Band is looking for two active duty female vocalists for a newly formed country band. Soldiers must have commander's approval for release from current unit.

If you think you have what it takes, please contact the 36th Army Band for an audition.

For more information call Amy Morgan at 533-2515.

Chaplain's Corner

Protestant Sunday Services

8 a.m.	Episcopal	Main Post
9:20 a.m.	Gospel	Kino Chapel
9:30 a.m.	Protestant	Prosser Village
11 a.m.	Cross Roads	Cochise Theater
11 a.m.	Collective	Main Post
3:30 p.m.	ALPHA	Prosser Village

Roman Catholic Worship

Mon.-Fri.	11:30 a.m.	Main Post
Saturday	4 p.m.	Main Post
Confession		
Saturday	5 p.m.	Main Post
Mass		
Sunday	9:30 a.m.	Main Post
Mass		
Sunday	11:30 a.m.	Kino Chapel
Mass		

Jewish Worship

Friday	7 p.m.	Main Post
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Catholic

Main Post Chapel

CCD	Sunday	10:45 a.m.
Adult	Sunday	10:45 a.m.
Apologetics		
Adoration of the	Friday	3 - 6 p.m.
Sacrament Blessed		
Korean OCIA	Friday	7p.m.
MCCW	1st Friday	7 p.m.

Protestant

Main Post Chapel

PWOC	Tuesday	9 a.m.
Sunday School	Sunday	9:30 a.m.

Kino Chapel

Women's Ministry	1st, 3rd Friday	6 p.m.
Bible Study Fellowship		

Muslim Prayer

Friday	11:30 a.m.	Main Post
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Buddhist Weekly Teaching

Tuesday	6:30 p.m.	Prosser Village
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Orthodox Divine Liturgy

Sunday	10 a.m.	Main Post
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Latter Day Saints Service

Sunday	1 p.m.	Prosser Village
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Youth group activities

The Fort Huachuca Chapel Youth Groups continue to meet on Sunday nights at the Main Post Chapel.

The Middle School meeting is from 4 p.m. - 5 p.m. The High School meetings are from 5:30 p.m. - 7 p.m. Join us for food, fun, friendship and faith. For more information, call Mike DeRienzo at 227-6059.

Advertisement

BILLING, from Page 3

nally, they will be offered training to help them learn to be more energy efficient. This way Army families can comply with the policy and do their part to conserve energy resources, Bolden said.

If Soldiers and their families use utilities in a conscientious manner, their BAH should cover all costs — rent and utilities — in privatized housing, Spigelmyer said.

Other services to follow suit

DoD established the policy to conserve energy and track usage, said Rhonda Hayes, deputy director of the Army's RCI program. In the future, she said all of the military services will hold residents in privatized housing responsible for their utility usage.

"They felt the only way to bring about conservation was to make the user responsible," Hayes said,

adding that there would be no incentive otherwise.

Just as the off-post person is responsible (for utilities), the person living on post in privatized housing will be responsible too, Bolden said.

Only new, renovated units metered

Only new and fully renovated houses will receive the mock bills, Bolden said, because these homes are energy efficient, or "energy-star compliant," which he said is the industry term.

The majority of old homes are not individually metered, Bolden said, so it would be difficult to gauge usage and bill residents. However, once they are fully renovated, they will be included in the "mock billing."

50,000 homes under RCI

Under the RCI program, more than 50,000 family

housing units at 23 installations have been turned over to private developers. The companies manage the housing and collect rent through Soldiers' Basic Allowance for Housing. In return, the companies provide property management services, renovate existing homes and build new housing.

"It's all about providing quality housing for the Soldiers and their families and using our nation's energy in a wise manner," Bolden said.

The mock billing program is scheduled to last a year, Bolden said. After this period, he said the Army will make adjustments (if needed) to the program and then begin the phase where Soldiers will be responsible for use of their utilities.

For more information, send an e-mail to: OCPAFeedback@hqda.army.mil.

ABUSE, from Page 4

dialing 1-888-SOS-CHILD (1-888-767-2445). If you are unsure as to who to call, it is suggested that you call both, Niemyer said. Once a case has been opened, the case manager from the health center and victim advocate from the Army Community Services contact all those involved, Niemyer said.

The Army has a two-pronged family advocacy program, Niemyer explained. The health clinic provides treatment for people involved in abuse cases and ACS offers prevention and education.

Family Advocacy Victim Advocate Linda Moseley said advocates are available 24 hours a day, seven days a week to clients in crisis.

"Victim advocates are the first line responders to the scene and represent the needs, right and entitlements of the victim in all facts," Moseley said. Both groups of advocates receive notification from Child Protective Services, Social Work Services and the military police regarding possible child abuse cases.

For treatment at the health center, all

involved parties are interviewed. Individual, family, couples, men's, women's and parents' counseling is available, Niemyer said. The family advocacy case managers are preparing a case for the family advocacy case review committee which is comprised of people from the health center, judge advocate general's office, the Army Substance Abuse Program, chaplain's office, military police, CID, ACS, and Arizona Child Protective Services, Niemyer said. The purpose of the council isn't to decide innocence or

guilt, that's law enforcement's job, Niemyer said. The committee's job is to decide whether or not treatment is necessary, and if so, what type and level of treatment.

If you know of or suspect an abusive situation, it's not only your duty but it's the law to report your suspicions. Call the post military police at 533-3000 and Arizona Child Protective Services at 1-888-SOS-CHILD. Victim advocacy is also available any time, day or night, at 533-3986.

"Children and adults now have a voice in which they will be heard," Moseley said.

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2004 Employee of the Year named

The Directorate of Public Works has announced the selection of Crystal Fetting as its Employee of the Year for 2004.

During 2004 Fetting worked as the training support assistant. She has worked for public works since November 2001, first as an environmental programs clerk, with the Environmental and Natural Resource Division and was then promoted to training support assistant in the administration office in November of 2003.

Fetting was cited for her efforts as the directorate's training coordinator. Although the tasks of her position were new to her and very demanding, she quickly learned her job and completed

the directorate's annual training survey and developed the annual training plan. She was also commended for her efficiency in maintaining training records, and for creating a new training database to help ensure all annual mandatory training is completed by employees. She gets personally involved helping employees, by identifying their training needs and obtains quotas for them. Fetting also makes all the travel and lodging arrangements for public works travelers and was responsible for creating vouchers to ensure prompt and proper reimbursement was made to travelers upon completion of their travel.

Fetting was also recognized for her

efforts to create a paperless office.

In addition to her normal duties, Fetting also volunteered to head up the directorate's special functions committee. Her efforts helped lower the employee cost for the directorate's annual holiday party and picnic.

Other nominees were: Craig Hansen, engineer technician, Engineering Plans and Services Division, Patty Hardwick, environmental programs clerk, Environmental and Natural Resources Division, Jim Finley, industrial equipment repair inspector, Operations and Maintenance Division, Lynn Gray, secretary, Business Operation/Integration Division, and Tanga Lewis, housing management assistant, Housing Division.



Crystal Fetting

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11th Signal Soldiers prepare

Soldiers embark on field training exercise in preparation for future deployments

BY SPC. MARCUS BUTLER
SCOUT STAFF

The 69th Signal Company, 3rd Platoon from the 504th Signal Battalion took advantage of the 11th Signal Brigade field training exercise here by getting in some training before their upcoming deployment.

The training, modeled after current combat conditions in Iraq and Afghanistan, centered on dealing with friendly and hostile populations, improvised explosive devices, ambushes, and evacuating casualties while

still pushing forward to complete their mission.

The Soldiers were presented with various exercises that simulated the battlefield they are expected to encounter. Participants fired blank rounds, wore body armor, kevlar and Multiple Integrated Laser Engagement System gear that sounded off if the Soldier was wounded to make things as realistic as possible.

"The Soldiers will execute various scenarios," said Lt. Col. Paul English, 504th Signal Battalion commander. "[These

will include:] reacting to an improvised explosive device, moving an obstacle from the road, reacting to a civilian on the battlefield, reacting to an impassible road while under fire from the enemy, and evaluating an accident involving simulated United Nations personnel."

The first of these battle

drills was to react to an improvised explosive device that hindered the movement of the convoy while under fire from the enemy.

The explosive detected, the convoy was halted, and Sol-

diers then set up a defensive position and returned fire on the enemy.

The brigade also worked on clearing roads and evacuating injured personnel while still pressing forward.



Left: A Soldier dismounts his vehicle and prepares to engage the enemy. Below: Soldiers practice engaging the enemy during 11th Signal Brigade's field training exercise. Above: A simulated casualty lies on the battlefield.



re for battlefield situations



Photos by Spc. Marcus Butler

Left: 11th Signal Brigade's convoy moves through their training area during their field training exercise. Below: Soldiers remove a mock casualty. Above: Soldiers practice moving casualties out of the combat area.



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Service News

Marine Corps first black officer dies

Frederick C. Branch, the first black commissioned officer in the U.S. Marine Corps, was buried at the Quantico National Cemetery recently with full military honors. Branch died April 10 in Philadelphia after a short illness. He was 82.

“(My brother) was unassuming, nonetheless, a brilliant man,” said William Branch, his brother. “He accomplished so much, but didn’t brag about it. He was very proud. Not just because he was a Marine, but because of the impact it made in the U.S. history by becoming the first Marine officer of African decent.”

A viewing and a memorial ceremony took place at the Quantico base chapel, followed by the interment at the Quantico National Cemetery.

“The ceremony was fitting and beautifully done,” Christopher Cooper, Branch’s nephew, said. “He just loved the Marine Corps so much. He would have been so proud.”

After serving as one of 20,000 black Marines in World War II, he was commissioned on the Marine Corps’ 170th birthday - Nov. 10, 1945.

Branch was born May 31, 1922, in Hamlet, N.C. After studying at Johnson C. Smith University in Charlotte, N.C., he transferred to Temple University in Phila-

delphia, where he was drafted in May 1943.

The Marine Corps had barred blacks until President Franklin D. Roosevelt forced the opening of ranks with a 1941 executive order, though recruit training remained segregated until 1949.

Roosevelt’s Executive Order No. 8802 stated: “I do hereby reaffirm the policy of the United States that there shall be no discrimination in employment of workers in defense industries because of race, creed, color or national origin.”

After Branch was drafted, he, along with other black war-time Marines were trained at Montford Point, N.C., now known as Camp Johnson, near where the white Marines were trained at Camp Lejeune.

William Branch said that his brother wanted to follow in the footsteps of another Branch brother, Matthew D. Branch, who was already a lieutenant in the U.S. Army. Matthew Branch was a lieutenant colonel when he died in 1960 at the age of 43.

After applying to be sent to Officers Candidate School at Quantico, Va., Capt. Branch was not only denied, he was humiliated.

“They told me to shut that blankety-blank stuff up about being an officer,” he said in a 1995 interview. “You ain’t going to be no officer.”

Although Branch was persistent about becoming an of-

ficer, he needed a recommendation before being accepted. He finally got his recommendation after impressing his commanding officer while serving in the South Pacific in 1944.

Branch then went through the Navy’s V-12 program at Purdue University in West Lafayette, Ind. Although Branch stood out as the only black in a class of 250 future officers, he also stood out by being awarded a spot on the dean’s list. He subsequently attended the 16th Platoon Commander’s Class in Quantico.

By the time Branch was commissioned, the war ended and he went into the Marine Corps Reserve. He completed a degree in physics at Temple and founded a science department at Philadelphia’s Dobbins High School. He taught there until 1988, when he retired.

Branch was reactivated during the Korean War and was sent to Camp Pendleton near San Diego. After he was discharged in 1952, he returned to the Marine Reserve, was promoted to captain, and eventually left the Corps in 1955.

The Marine Corps honored Branch in 1977 for leading the way in integration by naming a training building for him at Officer Candidate School.

Branch was widowed in 2000 after the death of his wife of 55 years, Camilla “Peggy” Robinson. Branch is survived by two brothers, William of New Rochelle, N.Y., and Floyd of Washington, D.C.; and a godson, Joseph Alex Cooper.

Advertisement

Ultimate sacrifice paid in support of OIF

Spc. Robert W. Defazio, 21, of West Babylon, N.Y., died Sunday in Kandahar, Afghanistan, of non-combat related injuries. Defazio was assigned to the 23rd Ordnance Company, Miesau, Germany.

Hospitalman Aaron A. Kent, 28, of Portland, Oregon, died Saturday, from an improvised explosive device while conducting combat operations near Fallujah, Iraq. Kent was assigned to 2nd Marine Division, II Marine Expeditionary Force (Forward), Camp Lejeune, North Carolina.

Sgt. Anthony J. Davis Jr., 22, of Long Beach, Calif., died Saturday in Mosul, Iraq, when a vehicle-borne improvised explosive device detonated near his Stryker military vehicle. Davis was assigned to the 1st Battalion, 24th Infantry Regiment, 1st Brigade, 25th Infantry Division (Stryker Brigade Combat Team), Fort Lewis, Wash.

Pfc. Gavin J. Colburn, 20, of Frankfort, Ind., died Friday along a supply route in Iraq when an impro-

vised explosive device detonated near his convoy vehicle. Colburn was assigned to the Army Reserve's 542nd Transportation Company, Kingsbury, Ind.

Pfc. Robert A. Guy, 26, of Willards, Md., died April 21 as a result of a non-hostile incident near Al Karmah, Iraq. He was assigned to 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C. The incident is under investigation.

Spc. Jacob M. Pfister, 27, of Buffalo, N.Y. and **Pfc. Kevin S. K. Wessel**, 20, of Newport, Ore., died April 19 in Baghdad, Iraq, when a vehicle-borne improvised explosive device detonated near their dismounted patrol. Both Soldiers were assigned 3rd Battalion, 7th Infantry Regiment, 3rd Infantry Division, and Fort Stewart, Ga.

Cpl. Kelly M. Cannan, 21, of Lowville, N.Y. and **Lance Cpl. Marty G. Mortenson**, 22, of Flagstaff, Ariz., were killed April 20 as the result

of the detonation of an improvised explosive device while conducting combat operations in Ar Ramadi, Iraq. They were assigned to 1st Battalion, 5th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif. As part of Operation Iraqi Freedom their unit was attached to a 2nd Marine Division, II Marine Expeditionary Force (Forward).

Maj. Steven W. Thornton, 46, of Eugene, Ore., died April 18 in Camp Arifjan, Kuwait, when he collapsed during physical training. Thornton was assigned to the U.S. Army Communications-Electronics Command, Fort Monmouth, N.J.

Cpl. Tyler J. Dickens, 20, of Columbus, Ga., died April 12 at Brooke Army Medical Center in San Antonio, Texas, of injuries sustained April 6 in Al Mahmudiyah, Iraq, when his guard tower caught fire. Dickens was assigned to the Army's 2nd Squadron, 11th Armored Cavalry Regiment, Fort Irwin, Calif. The incident is under investigation.

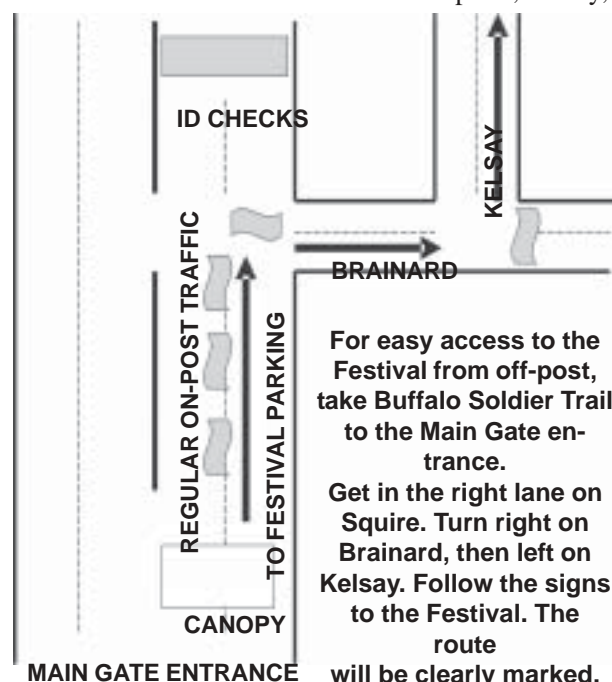


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Easy gate access available to Spring Festival this weekend

The 2005 Spring Festival will offer easy access through the Main Gate for off-post patrons. Traffic will be routed directly to the festival, and it will not be necessary to obtain a vehicle pass.

The festival will be held 4 - 11 p.m., Friday,



noon through 11 p.m., Saturday and noon through 5 p.m., Sunday, at the R.L. Anderson Special Events Park, Fort Huachuca.

The City of Fun Carnival will be one of the big attractions all three days at the festival, with rides and games. The deadline to purchase advance tickets is close of business today. The carnival ride tickets are available at ITR (formerly MWR Box Office), MWR Rents, Desert Lanes and Sierra Vista Safeway. Advance tickets are \$6 for 10. During the Festival, the cost will be \$8 for 10 tickets.

Some of the other activities that will be available all three days of the festival include: horseback lead-arounds, moon bouncers, laser tag, amateur boxing matches and more. There will also be numerous food, craft and information booths for your enjoyment.

From 6 to 10 p.m. Friday, free entertainment will be provided by three live bands. Performing in the bandshell will be: Erica Dawn, with urban hip-hop, soul and rhythm and blues sounds; Jason Eller, who plays acoustic rock guitar, along with his rich vocals; and "Fat Rhabit," an original alternative rock band.

Some of Saturday's activities at the festival include: a 5-kilometer run at 7 a.m.; a soccer tour-



namment at 11 a.m., an arm wrestling tournament at 1 p.m.; and a hot dog eating contest at 2 p.m.

From 6 to 8 p.m., Saturday evening you will be able to enjoy a disc jockey playing a variety of music in the bandshell. Then, 8:30 - 11 p.m., that same evening "Forever On," (formerly Mercedes) will perform a variety of pop, rock and country music, to conclude Saturday night's entertainment schedule.

Sunday will be "Family Day" at the festival, from noon to 4 p.m., Child and Youth Services will present special activities for youth, such as face painting, a Tae Kwon Do demonstration, a baseball throw, soccer shoot, jump rope competition, "Ident-a-Kid" child identification program and more. All of the activities offered by CYS during Family Day are free.

For more information about the Spring Festival, call 538-1690.

Right Arm Night Friday

You can kick off the Spring Festival by attending the commanding general's Right Arm Night, beginning at 4 p.m., Friday, at the Anderson Special Events Park, next to Thunder Mountain Activity Centre.

Spring Festival events will begin at the same time, so plan to attend Right Arm Night and stay to take in some of the many activities at the festival.

Right Arm Night is a great opportunity to relax and socialize. Pay-as-you-go beverages and finger foods will be available. Call 533-7322 for more information.

Paintball tourney Friday, Saturday

There's still time to get your teams together for the Spring Festival Paintball Tournament, to be held starting at 10 a.m., Friday and Saturday, at the Anderson Special Events Park, Fort Huachuca.

Friday, the tournament will be open only to military teams. Saturday, the tournament is open to the public.

For more information, call the Sportsman's Center at 533-7085.

Sundays will be Family Day at DL

Beginning this week, Desert Lanes will offer "Family Fun Day," noon - 4 p.m., every Sunday.

For \$25, up to five family members can bowl for two hours. The price includes shoe rental, and three kids' meals from the Kids' Menu at Jeannie's Diner. For more information, call Desert Lanes at 533-2849.

ITR Office now open at new location

The Information, Ticket and Reservations Office

(formerly MWR Box Office) is now open at its new location in the MWR Rents Building 70914, on Irwin Street.

The new location offers convenient access to the facility, with ample parking available at the front door.

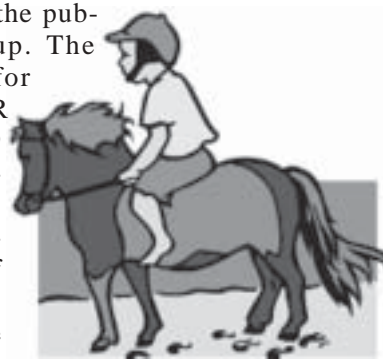
The ITR Office offers the same variety of services. Whether you're looking for tickets to an event, hotel reservations, information on local or distant attractions, or help planning your family's dream vacation, ITR can help.

The facility's hours of operation are 9 a.m. - 5 p.m., Monday - Friday. For more information, call Brenda Briscoe at 533-2404.

Sunset trail rides at Buffalo Corral

Buffalo Corral will offer sunset trail rides 6 - 8 p.m., every Thursday, May 5 - August 25. These rides are open to the public, ages 7 and up. The price is \$13.50 for authorized MWR patrons and \$19 for civilians. Reservations and pre-payment are required by close of business the Sunday before the ride.

Weekend trail rides are held 9 - 11 a.m. and 1 - 3 p.m., every Saturday and Sunday. The price is



\$13.50 for authorized MWR patrons and \$19 for civilians. Reservations and pre-payment are required by close of business the Friday before the ride.

Buffalo Corral is open 9 a.m. - 4 p.m., Thursday - Sunday. For more information, call 533-5220.

B.O.S.S. to hold car wash

Better Opportunities for Single Soldiers will hold a car wash fundraiser 11 a.m. - 1 p.m., May 7, between Sonic Drive Inn and Domino's Pizza on Fry Boulevard, Sierra Vista.

Proceeds from the car wash will benefit the Fort Huachuca B.O.S.S. program.

For more information, call 533-6944.

TMAC plans Mothers Day Buffet

The Thunder Mountain Activity Centre will present a Mother's Day Grand Buffet, 10 a.m. - 1:30 p.m., May 8.

The menu will include items such as smoked salmon, peel-n-eat shrimp, steamship round, made-to-order omelets, eggplant parmesan, the scrumptious desert station, and a complimentary glass of champagne or mimosa.

Cost is \$19.95 for adults; \$9.95 for children 6 - 10; and children 5 and under are free. For reservations or more information, call 533-7322.

Barnes Pool closed for swim meet

The pool at Barnes Field House will be closed May 15 to host the Thunder Mountain Aquatic Club Swim Meet. For more information, call 538-3858.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com.



Movies

Robots plays at 7 p.m. Friday and Saturday at Cochise Theater. For the complete listing of this week's movies, see Page 28.

Armed Forces Cycling Team races in Bisbee

BY AMANDA KEITH
SCOUT STAFF

The U.S. Armed Forces Cycling Team successfully completed the La Vuelta de Bisbee. Each member of the team, finished every leg of the demanding three-day race.

The team included Matt Lorenz, Company A, 306th Military Intelligence Battalion fresh off his recent success in the Ironman Triathlon.

"It was great fun," said Lorenz. "It was hard race but [thankfully], not too hot."

La Vuelta de Bisbee is a three-day cycling race that starts off in Bisbee and takes the cyclists out into the surrounding area. On Friday, the race began with a prologue, the Mule Pass time-trial, for a quick 2.8-mile ride. On Saturday, the cyclists competed in two events; the Sulphur Springs Road Race, which was 79.3 miles long; and the Warren Time Trial, which was 8.3 miles long. Sunday took the cyclists on the Tombstone Road Race and back into Bisbee, for a total ride of 87.2 miles. Following the final lap of the race, an awards ceremony was held. Cash prizes were awarded to the individual race winners and to the top 10 overall winners.

Lorenz finished 70 out of 89 competitors for the Mule Pass time trial, 66 out of 89 competitors for the Sulphur Springs Road Race, 57 out of 89 competitors for



Photo by Spc. Marcus Butler

The U.S. Armed Forces Cycling Team is waiting for the start of the Sulphur Springs Road Race.

the Warren Time Trial and 42 out of 70 competitors for the Tombstone Road Race.

"[The cyclists] enjoy coming here. They enjoy the hospitality of Bisbee," Julie Coll said. Coll and her husband Martin follow the cyclists with back-up tires, in case of flats.

La Vuelta de Bisbee had three groups of cyclists; Event A for Senior Men and pros, Event B for the Master Men, and Event C, for Senior and Master Women. The U.S. Armed Forces Cycling Team competed in Event A.

The team is made up of seven Soldiers from all branches of the military, with Lorenz representing the Army.

Andy Choca of the Air Force came in 69 out of 89 competitors for the first time trial, 83 out of 89 competitors for the Sulphur Springs Road Race, 60 out of 89 competitors for the second time trial, and 56 out of 70 competitors for the final leg of the race.

Michael Gallagher of the Army Reserves came in 49 out of 89 competitors for the first time trial, 48 out of 89 competitors for the Sulphur Springs Road Race, 52 out of 89 competitors for the second time trial, and 37 out of 70 competitors for the final leg of the race.

George Ganoung of the Coast Guard came in 35 out of 89 competitors for the

first time trial, 65 out of 89 competitors for the Sulphur Springs Road Race, 25 out of 89 competitors for the second time trial, and 33 out of 70 competitors for the final leg of the race.

Ian Holt of the Air Force came in 50 out of 89 competitors for the first time trial, 49 out of 89 competitors for the Sulphur Springs Road Race, 49 out of 89 competitors for the second time trial, and 28 out of 70 competitors for the final leg of the race.

Trent Hornus of the Air Force came in 61 out of 89 competitors for the first time trial, 74 out of 89 competitors for the Sulphur Springs Road Race, 66 out of 89 competitors for the second time trial, and 45 out of 70 competitors for the final leg of the race.

Shawn Olin of the Navy came in 46 out of 89 competitors for the first time trial, 50 out of 89 competitors for the Sulphur Springs Road Race, 28 out of 89 competitors for the second time trial, and 53 out of 70 competitors for the final leg of the race.

This is the 27th year of the race for the town and the second for the U.S. Armed Forces Cycling team. For teammates Chocha and Holt, this was their first trip to La Vuelta de Bisbee.

Yesterday, the cycling team began the Tour of the Gila in Silver Springs, N.M., a five-day race that covers 340 miles for the men's division and 258 miles for the women's division.

Co. C 304th bounces back to beat NCOA

BY SPC MARCUS BUTLER
SCOUT STAFF

The championship dreams of the Noncommissioned Officers Academy were short lived as Company C 304th forced a second playoff game to win the Commanders Cup Soccer Tournament.

Company C 304th came into the championship game from the losing brackets of the tournament while NCOA was at the top of the winners.

In order to win, Co. C 304th had a must win game in game one to force a second playoff game to compete for the championship.

At first, NCOA dominated the first half of play by outscoring Company C 304th, 1 – 0.

The score remained that way until

about mid-way through the second half when Company C 304th scored their first goal. But only after a few more exchanges, NCOA scored their second goal of the game on a throw in that was grazed by the goal keeper.

With a little under two minutes remaining Company C 304th went on the offensive and scored the game tying goal on a corner kick that slipped past the goalie.

With time running out, NCOA tried to score the tiebreaker but to no avail. The game went into the first of two five minute overtimes.

In these two over time periods neither team could score, so the game was then forced into a shoot out.

In this situation, each team would get five shots, and the one that scored the most goals would win.

Company C 304th would jump out

ahead 2 – 0 until NCOA forward Garnette Bailey scored, but that would prove to be not enough.

Company C 304th went on to win game one by the score of 3 – 2.

At the start of game two, Company C 304th jumped out to a 2 – 0, thanks to some fancy foot work by forward Dave Ellis. His two goals would soon be followed by another goal by his teammate, Derrick Hart, who shot a laser right past the goalie.

NCOA went scoreless throughout the entire first half.

The score remained the same until about 11 minutes into the second half when Bailey scored the first goal of the game for NCOA.

But unfortunately, it was too little, too late.

When time expired, Company C 304th were the 2005 Commanders Cup Soccer Champions.



Photo by Spc. Marcus Butler

Derrick Hart and Donald Wilcox fight for possession of the ball.

Fit For Life

Challenging fear in physical activity

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

Fear is a human response to certain circumstances. We all experience fear at one time or another. Fear can take many forms. It can be acquired from personal experience or it can be learned from various sources.

Not all fear is bad. Some fear may prevent us from doing foolish things. It is how one deals with fear that determines an outcome or behavior. Some people tend to appear fearless, while others have difficulty going beyond their fears. This can be seen in high-risk or adventure activities and professions such as the military, law enforcement and firefighters. Some people thrive on fear situations and actually are motivated by them, yet others are rendered immobile and unable to perform.

Fear is in everyday life, not just in life threatening situations. A youngster at school fears ridicule because of academic or athletic performance; an adult fears losing his job. Fear causes stress, and stress leads to anxiety which has been designated as "the fear of nothing."

Physical activities can also contain fear, especially in risk activities such as rock climbing, sky diving and mountain biking among others. Contact sports such as football, wrestling, boxing and ice hockey can also evoke fear. Other sports may have less injury potential, but still cause fear, both in training and performance. In most cases, one dwells upon the worst possible consequences that can happen rather than concentrating on task performance. However, performance depends upon education, training and conditioning for the task. Usually a good performance diminishes fear, but not always. Serious participants in risk activities are usually very safety conscious, well prepared and methodical in planning and execution of the activity.

When confronted with fear, analyze what it is that you are actually afraid of, such as physical pain, emotional pain, failure, embarrassment, the unknown, etc. This can help your decision making and be a source for resolving fear. For example, when mountain biking, a hard fall happens. Analyzing what went wrong, rather than blaming the event itself, should help alleviate

future fear of mountain biking.

Performance of an activity doesn't always overcome fear, which leaves the question whether people actually overcome fear or just learn to tolerate it. The following incident may illustrate that point.

A Marine Corps lieutenant, formerly a college football player, recalls airborne training: "I was really psyched. I would have made that first jump even without a parachute to prove I wasn't afraid of heights. That jump was satisfying in the fact I overcame my fear. However, later that evening it dawned on me that in less than 12 hours, I would have to jump again! That thought petrified me. The second jump was more difficult than the first. After that, it became easier as I really tried to focus on the jump itself and not on the fact that I was exiting an aircraft into space with the possibility of injury or death. I made about 16 jumps without incident, and while I didn't really enjoy them, I did stop fearing them, although I doubt if I would choose sport parachuting as a hobby."

I would have made that first jump even without a parachute to prove I wasn't afraid of heights.

Lieutenant, USMC

There are several ways to cope with fear in physical activity and everyday life. Fear is rational and sometimes predictable. The first step would be to categorize your fears, the causes and more specifically what it actually is that you fear. Some situations may be avoidable, others you may choose not to do. However, if fear is unavoidable or for whatever reasons you still choose to participate, the following suggestions may help to manage fear.

1. Keep control of yourself. Don't turn simple fear into panic or anxiety.
2. Determine what it is you fear about a particular situation.
3. Focus on the task and not on your fear.
4. Use mental practice or rehearsal. Visualize the successful completion of a task over and over again. Try to blot out or overcome any element causing fear.

5. Confidence builds security. If possible practice parts of the task before attempting the whole. Example: In mountain biking, practice riding techniques on short, easy hills before attempting longer, steeper grades, especially downhill.

6. Make sure you are in the proper physical condition for the task.

7. Make sure you acquire all the necessary skills and knowledge for successful task completion.

Deep breathing and other relaxation techniques also may help. In extreme cases, athletes and others have turned to clinical hypnosis, and it has been proven to work in eliminating fear. It may not be for everyone, as about one of three people are not susceptible to this therapy. If you have developed fear, anxiety or a phobia regarding a situation, especially one where no previous fear existed, clinical hypnosis may be worth a try. More information is available from the American Society of Clinical Hypnosis (ASCH) at www.asch.net.

Caution Note:

High risk or adventure-type activities should not be attempted without proper instruction and equipment, physical training and, in some cases, supervision. Such activities have the



Photo by Elizabeth Davie

Skydiving is one extreme sport that lets the participant conquer their fear.

potential for serious and life-threatening injury.

Editor's note: for a certain segment of the population, fear is actually the motivating factor for their particular sport. Thrill-seekers such as kayakers, sky-divers and downhill skiers can look forward to the adrenaline rush their hobby produces and seek out more and more dangerous opportunities as a result.

Fully-accessible playground open

BY AMANDA KEITH
SCOUT STAFF

An improved and fully accessible playground is now open to the Fort Huachuca community. A ribbon-cutting ceremony with Col. Jonathan Hunter as the master of ceremonies will be held at 4 p.m. on May 18 at the playground.

"[Charity MacDonald] championed the full accessibility for the playground," Grace White, the chief of family housing, said. MacDonald's son, Chamberlain, is in a wheelchair and she, with the help of Robert Ramirez of Housing and Charles Mankowski of Landscape Structuring, put together a presentation for a fully accessible playground for Col. Hunter that he later approved.

The playground is located at the corner of Smith and Lawton and is commonly known as the Lawton Community Park.

The funding for the improve-

ments came from local housing dollars; \$330,000 was spent on improving playgrounds, with almost \$135,000 spent on the Lawton playground.

The playground features accessible rides and structures for all children. There are also ramadas for parents to sit under and watch their children and a turf made of recycled tires that is more expensive, but is less likely to hide insects, White said.

The improvements for the playground began in 1996 with minor equipment improvements, off-street parking and a volleyball court. Last year, the park improvements included changing the asphalt path to concrete. Plans for improvement this year include planting of trees and "beefing up" the baseball diamond, White said.

The Smith-Lawton playground isn't the only improved playground; the playgrounds on Arizona Street and Henry Circle have also been improved in the past year.

Patagonia Lake: Close to home

BY SPC. CREIGHTON HOLUB
SCOUT STAFF

Patagonia Lake State Park in Patagonia, Ariz., is one of the closest state parks for Fort Huachuca residents to visit.

The park's 2.5-mile-long lake is the closest Soldiers can get to a sunny coastal beach without driving through a state or two. The lake is 250 surface-acres large and visitors may use it for water skiing, fishing, camping, picnicking, and hiking, according to the state park Web site (www.pr.state.az.us/Parks/parkhtml/patagonia.html.)

The park has 34 hook ups and 12 boat access sites that are available on a first come, first serve basis. There is a beach, a picnic area with ramadas, tables and grills, and a handicapped accessible fishing pad. There are hiking trails, boat ramps, a marina, a camp

supply store, campground and group-use area for day use. The entrance fee for a vehicle up to four adults is \$7 with separate fees for campsites and boat sites.

The camp has quiet hours from 9 p.m. to 8 a.m. nightly, and campers may stay up to 15 days. Daily check out for campers is 2 p.m. The park hours are from 8 a.m. to 10 p.m. Access to the park is closed from 10 p.m. to 4 a.m.

The lake was created by damming Sonoita Creek, and it is a habitat for bass, crappie, bluegill, and catfish. The lake is stocked with rainbow trout during the winter, according to the park Web site. The east half of the lake is designated a no-wake area for fishing and there is a handicap fishing dock at the marina, also according to the park Web site.

Because the lake attracts a multitude

of water sports enthusiasts during summer months, water skiing and jet skiing are prohibited on weekends and holidays from May 1 through Sept. 31, according to the park Web site.

To get to Patagonia Lake State Park, leave Fort Huachuca's West Gate and take West Gate Road that becomes Cimarron Road. Take a right onto Elgin Canelo Road then a left onto State Highway 83 to Sonoita. Take a left to State Highway 82 and follow it to Patagonia. Go through Patagonia and make a right turn onto Patagonia Lake Road and continue to Patagonia Lake State Park.

For more information, call Patagonia Lake State Park at (520) 287-6965.



A large cactus stands tall at Patagonia Lake State Park.



Park guests paddle from the marina to the lake at Patagonia Lake State Park. Visitors have the option of enjoying the location multiple ways with roads, walking paths and boats.



Photos by Spc. Creighton Holub

The view from a bridge at Patagonia Lake State Park.

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Pizza delivery on post

Popeye's Chicken and Anthony's Pizza at the Regimental Mini Mall, will be offering delivery on Fort Huachuca. Delivery hours will be from 4 p.m. to 8 p.m. Call 459-2378 to place your order today.



Spring Festival transportation

MWR will provide transportation for Soldiers to the Spring Festival. Four vans will shuttle Soldiers to and from the Festival approximately every 15 minutes, from the Mini-mall to Anderson Park, next to Thunder Mountain Activity Centre, 4 - 10:30 p.m. Friday; noon - 11 p.m. Saturday; noon - 5 p.m. and Sunday.

Youth Tae Kwon Do class to begin

The SKIESUnlimited program Tae Kwon Do class will be held 6:30 - 7:30 p.m., Tuesday at the Youth Center, Building 49013. The classes will continue every Tuesday and Thursday during that time period. This is a year-long class, but students may attend on a monthly basis. Class fee is \$25 per month.

The class is open to youth ages 5 - 18, whose parents are active duty or retired military, Department of the Army civilians, Non-appropriated Fund employees or contractor employees. Participants must also be members of Child and Youth Services.

For CYs registration, call 533-0738 or stop in at the Central Registration Office at Murr Community Center, Building 51301. There is an annual \$18 registration fee for CYs membership.

If a parent is interested in attending the Tae Kwon Do class with their child, they may do so by paying an



additional \$25 monthly class fee.

For more information, call Robin Gabert at 533-0710.

Fire Partners present program

There will be a program about the Huachuca Area Fire Partners from 7 p.m. to 8:30 p.m. on Tuesday, in the Mona Bishop Room, Sierra Vista Public Library, 2600 East Tacoma Street, Sierra Vista.

The talk will be a progress report for the Huachuca Area Fire Partners. The group is preparing a fire management plan.

For more information, call 533-2622.

Summer camp registration

Registration for Middle School Team/School Age Services Summer Youth Camps for current middle school team and school age services members begins Friday and will continue through May 15. Sign up at the Child and Youth Services Central Registration Office at the Murr Community Center. For more information, call Marty Johnson at 533-0738.

New Beginnings registration

The New Beginnings Child Development Center Summer Camp Program is now accepting registrations for its two daily sessions, from 8 to 11 a.m. and noon to 3 p.m. The program begins May 31 and ends August 5. Sign-up for the program at the Child and Youth Services Central Registration Office at the Murr Community Center. Contact CYs at 533-0738 for registration info and the center for specific program information at 533-5209.

Free screening

Cochise Theater will be hosting a free screening of House of Wax at 2 p.m. on Sunday. Tickets will be available at Anthony's Pizza in the Mini Mall and at the Post Exchange customer service counters.

Thrift Shop open

The Thrift Shop at Fort Huachuca will be open May

7 from 9:30 a.m. to 1:30 p.m. for shopping. Consignments will be taken from 9:30 a.m. to 1:00 p.m. The public is invited to the shop, and it is located right inside the Main Gate on the right. The Thrift Shop only takes cash. For more information, call 458-4606.

Trail tour

The 7th annual John Cooper and Perimeter Trail Tour will take place, beginning at 7 a.m. on May 7. The tour will be at Miller Canyon and Carr Canyon and participants can bike, hike, run or ride horseback. For more information, call Dana Thornhill at 227-2614/458-3757 or reach her via e-mail at dawntodust@msn.com or the Web site www.dawntodust.org.

Def Jam Comedy Show

The Thunder Mountain Activity Centre will be hosting the Def Jam Comedy Show at 10 p.m. on May 20. Tickets are \$15 in advance or \$20 at the door. For more information, call Saul Caraballo at 533-9802 or 533-7322.

Sale at Sportsman's Center

The Sportsman's Center is offering 10 percent off all merchandise, including guns, ammunition, wild game calls, cleaning kits, and all other items in the pro shop. The sale will continue until all merchandise has been sold. For more information, call Mick Gue at 533-7085.



Pets Of The Week



Pinky is a 1-year-old flame point, male, Siamese mix.

Muffin is a 1-year-old gray tortoiseshell, female, domestic shorthair cat.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachuca.petfinder.com. In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

Today -7 p.m.

The Ring 2

PG-13

Friday -7 p.m.

Robots

PG

Saturday -7 p.m.

Robots

PG

Sunday -2 p.m.

Hostage

R

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source. Tune in to our news block hours at four convenient times throughout the day.

Fort Huachuca's Channel 97 will discontinue airing of the weekly Fort Report for a short period of time. Spc. Nate Ludwig, the broadcaster in charge of the report, is leaving the Army and a civilian replacement has not yet been hired. The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.





Photo by Amanda Keith

Diving to victory

Jessica Jackson dives into the first heat of the girls 50-meter butterfly. Saturday was the opening of the season for the Thunder Mountain Aquatic Club. Jackson won the first heat of the 50-meter butterfly, and she came in fourth for the final heat. TMAC competed against Desert Waves of Tucson, Cochise Cougars Swim Club of Sierra Vista, Arizona Fox of Phoenix, Swim Tucson and Aqua Swim of Mexico.

Ask The Dietitian

The new food guide pyramid

CAPT. JENNIFER L. RODRIGUEZ
REGISTERED DIETITIAN

In 1992, the U.S. Department of Agriculture introduced The Food Guide Pyramid. The pyramid provided guidance about healthy eating to ensure the American public received adequate nutrients, vitamins and minerals their bodies needed.

It is now 2005, and the USDA just released "My Pyramid," an interactive food guidance system with the message that healthy eating combined with activity will help Americans live longer and healthier lives.

The idea behind the new pyramid stems from the recent 2005 Dietary Guidelines for Americans recommendations. New changes to the pyramid include vertical bands for each food group focusing on specific foods for better health, promotion of daily physical activity, personalized plans for specific calorie levels, and an interactive Web site for consumers.

Guidelines are specific for each food group to include eating at least 3 ounces of whole grains each day, choosing a variety of fruits and vegetables, consuming 3 cups of low fat dairy products each day, choosing lean sources of meats and poultry, and focusing on healthy fats containing high amounts of monounsaturated and polyunsaturated fatty acids such as fish, nut, and seeds.

Some concepts remained the same to include specific servings from each group, limiting sugars and salt, as well as alcohol.

Be sure to check out the Web site at www.MyPyramid.gov for more information and useful tools for healthy eating.

Each week I will provide some guidance for each of the food groups and hopefully make the new pyramid easy to understand and use. See you next week. Happy Eating!

Rodriguez is a registered dietitian at the Raymond W. Bliss Army Health Center on Fort Huachuca. Send questions to jennifer.rodriguez1@us.army.mil.

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